

# Factors To Consider

## Before Buying A

# Self-Feeding Spoon



### Size

Look for a spoon with a narrow mouth as it fits easily in the baby's mouth without any food spillage.

### Grip

Ensure the spoon you pick has a good grip to prevent slipping. It promotes holding the spoon smoothly with tiny fingers.

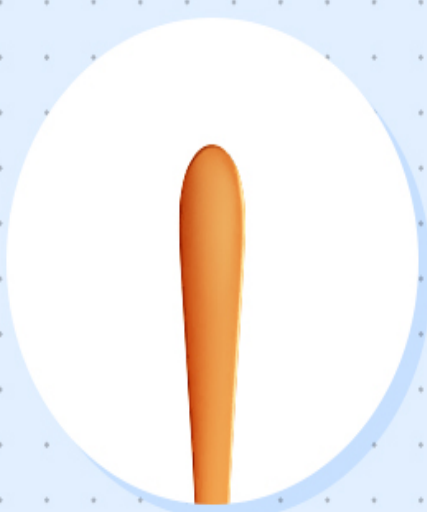


### Material

Select spoons made of BPA-free materials. Usually, food-grade silicone, wood, and stainless steel are the most popular choices.

### Burr-free edges

Choose spoons without sharp edges for optimal safety.



### Maintenance

Spoons with ridges are tough to clean. So, pick a spoon with zero or fewer ridges. A dishwasher-safe spoon can be an added advantage.

### Handles

Look for self-feeding spoons with short handles, as they are comfortable for your little one to use.

