

# POINTS TO CONSIDER WHEN SELECTING THE RIGHT Scar Removal Cream



Consult your dermatologist to select a cream as per your scar type.

Pick a scar removal cream that is compatible with your skin type.



Review all the ingredients of the cream to avoid allergens and harsh chemicals.

Research the credibility of the brand and the manufacturer.



Consider creams that have been tested and approved by dermatologists.

Opt for silicone-based creams to target both keloid and hypertrophic scars.



Consider panthenol-based cream to help remedy postprocedure wound scars.

Select creams enriched with alpha-hydroxy acids (AHA) such as citric acid.



Look for creams with Rosehip oil to accelerate the wound-healing process.

Choose omega-3 fatty acid-rich ingredients, such as shea butter, to inhibit keloid scars.



## References

1. The Efficacy of Silicone Gel for the Treatment of Hypertrophic Scars and Keloids; NCBI
2. Dexpanthenol in Wound Healing after Medical and Cosmetic Interventions (Postprocedure Wound Healing); NCBI
3. Dual Effects of Alpha-Hydroxy Acids on the Skin; NCBI
4. Rosehip Oil Promotes Excisional Wound Healing by Accelerating the Phenotypic Transition of Macrophages; NCBI
5. Inhibitory Activities of Omega-3 Fatty Acids and Traditional African Remedies on Keloid Fibroblasts; NCBI