

# Common Allergens

## To Avoid In Skincare Products For Sensitive Skin



Synthetic fragrances, including benzyl alcohol, eugenol, and geraniol.



Artificial preservatives such as MIT, formaldehyde, and CMIT.

Color additives such as PPD and coal tar.



Latex-containing beauty products and cosmetics.

Surfactants, including cetearyl alcohol and cetyl alcohol.



Heavy metals such as nickel, mercury, and lead.

### References:

1. Allergens In Cosmetics; FDA
2. Occurrence of Allergens in Cosmetics for Sensitive Skin; MDPI