

Select a belly oil that suits your skin type.





Choose an oil made without harsh synthetic chemicals.

Pick an oil that is free of allergens.





Ensure the oil contains moisturizing ingredients such as aloe.

Opt for oils with the goodness of hyaluronic acid.





Consider an oil with skin-nourishing ingredients such as vitamin E.

Avoid oils with an overpowering fragrance to prevent nausea.



Reference

Stretch marks: Why they appear and how to get rid of them; AAD



Source: https://www.momjunction.com/articles/best-oil-for-stretch-marks_00736810/