

# Points To Consider When Selecting The Right NURSING BRA



Consider taking your measurements a few weeks before the delivery.



Ensure the bra is not too tight to reduce the risk of mastitis.

Select a cup size that covers the entire breast without any bulge.



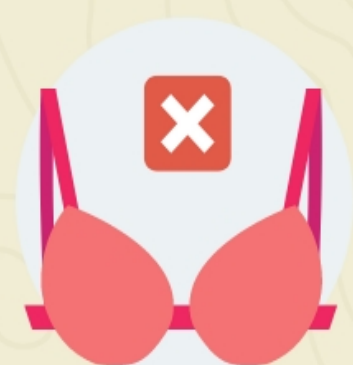
Choose bras with foldable cups for pressure-free feeding.

Ensure that the underband does not ride up when you move.



Opt for one with adjustable shoulder straps for a customizable fit.

Preferably avoid a bra with inflexible underwires.



Consider procuring a sleep bra to prevent leakage mess at night.