



Steps To Follow When

Changing Diapers

Gather all your diaper-changing supplies near the changing area.



Lay a liner or towel on the diaper changing area to avoid contamination.

Lay the child in the changing area.



Wipe the child's diaper area from front to back to prevent infections.

Slide a new diaper under the child.



Avoid getting rash cream on the diaper tabs, as it can reduce their stickiness.

Fasten the diaper snaps or tabs.



Wash your hands after discarding the soiled diaper.

Reference:

1. How to change your baby's nappy; The National Health Service