

LIQUID GUIDE FOR BABIES WITH DIARRRHEA



These are liquids you may give babies older than six months after doctor consultation. Babies younger than six months breastfed often if they experience diarrhea

Liquids to be given and to be avoided

What To Give

What To Avoid



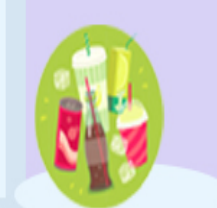
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Fruit juices



Breast milk



High sugar content liquids, such as sports drinks



Formula milk



Tea



Water



Broths

RECOMMENDED DOSAGE OF LIQUID

Child's Weight

Minimum Per Hour

7-10 lbs

2 ounces (4 tablespoons or 1/4 cup)

11-15 lbs

2.5 ounces (5 tablespoons)

16-20 lbs

3.5 ounces (1/2 cup)

21-40 lbs

6.5 ounces (3/4 cup)

41-60 lbs

10 ounces (1-1/4 cups per hour)

Reference

Dehydration: Giving Liquids at Home; Nationwide Children's Hospital