



Benefits Of Puzzles In CHILDREN'S DEVELOPMENT



Solving puzzles improves the child's visual and spatial abilities.



Puzzles can help preschool-aged children differentiate between different shapes.



Puzzles can teach children about different colors.



Puzzles can make the motor nerves stronger and improve reaction time.



Playtime involving puzzles can enhance your child's creativity.

References:

1. The positive effect of educative game tools; Lincoln University College
2. Jigsaw Puzzling Taps Multiple Cognitive Abilities and Is a Potential Protective Factor for Cognitive Aging; National Library of Medicine
3. What is free play and why should you encourage it at home?; UNICEF