

Amazing Benefits Of Board Games For 7-Year-Olds

Promote teamwork



Encourage decision-making skills

Promote strategic-thinking abilities



Foster problem-solving skills



Help them to learn to set goals and follow the rules



Reduce stress



Promote creativity



Help in increasing concentration



Reference:

1. Benefits of Playing Board Games; Bucks County Free Library
2. Special series on "effects of board games on health education and promotion" board games as a promising tool for health promotion: a review of recent literature; BioPsychosocial Medicine