



Six benefits of

CHIROPRACTIC CARE

during pregnancy



Eases labor
and childbirth

Improves back,
neck, and joint pain



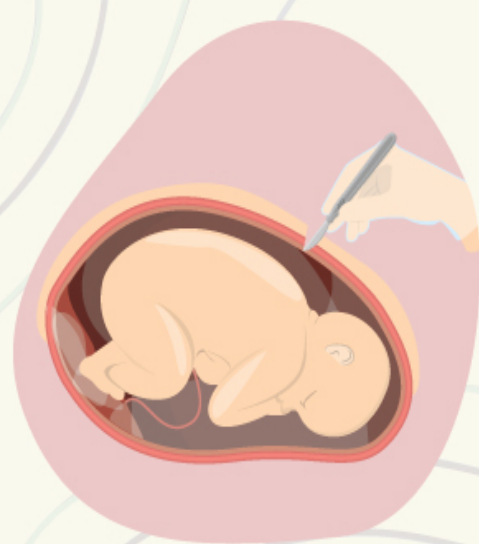
Helps reduce
nausea and vomiting



Alleviates
headaches



Lowers the risk of
cesarean delivery



Enhances sleep
quality

