

Benefits Of BLOCK PLAY For A Baby



Improves fine motor skills as the baby grips and bangs the blocks.



Strengthens their hand-eye coordination as they stack the blocks.

Helps the baby explore different textures as they hold the blocks.



Lets the baby discover concepts such as gravity and balance.

Helps the baby with size, shape, and color recognition via sorting.



Promotes the virtue of cooperation during group play.

References

1. Play idea: Blocks – Poro rākau; Ministry of Education New Zealand
2. Infants and Toddlers Block Play: STEM in the Blocks Center; University Of Northern Iowa