

Differences between

hallucinations

&

delusions



Having a false perception about certain situations or events



Having a false idea or belief, leading to the misinterpretation of a situation



See, hear or feel things that are not there



Have a preconceived suspicion about a certain situation, such as someone wants to harm them or is following them



Common causes include mental health conditions, drug abuse, depression, or side effects of medicines



Might be due to psychiatric or neurological disorders



Can be treated with the help of lifestyle changes, therapy, and medication



Treatments include mood-stabilizing medicines, along with behavioral therapy

References:

- 1.Hallucinations, delusions and paranoia; ALZ
- 2.Hallucinations and hearing voices; NHS
- 3.Delusional Disorder; Harvard University