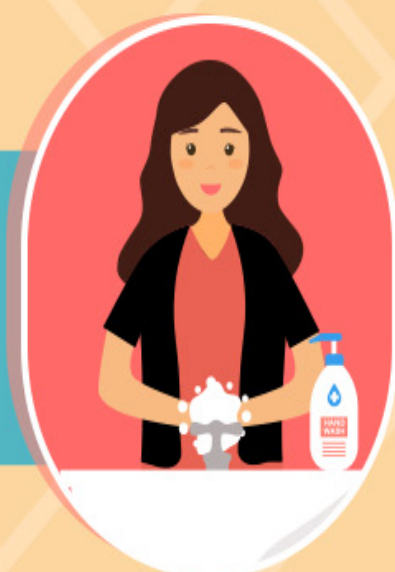


HOW TO DEAL WITH EYE INFECTIONS IN PREGNANCY

Wash your hands frequently
with antibacterial soap
and water



Use cold water to remove
any foreign particles from
your eyes



Protect your eyes from UV
radiation by wearing a good
pair of sunglasses



Be doubly cautious with
makeup if you are prone to
allergies and infections



Keep your stress levels low
to avoid affecting your
immune system



Be careful when cleaning and
handling eyewear and avoid
sharing them

