

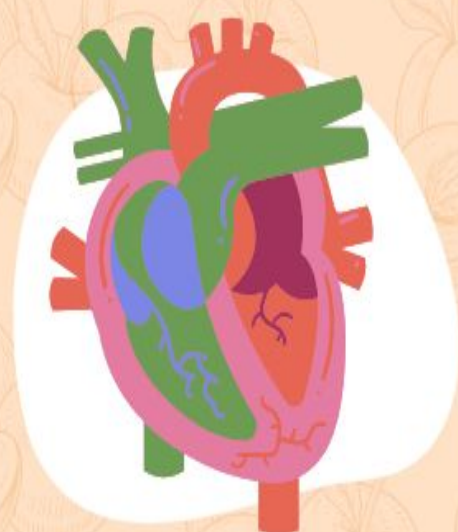
# Benefits Of Feeding Peaches To Your Baby

Peaches are rich in vitamins A and C and antioxidants that support the healthy development of a baby's eyes and vision.



They have about 85% water and keep babies hydrated.

Contain potassium, which is good for the baby's circulatory system.



Have nutrients and minerals without excess sodium.

Contain fluoride, phosphorus, and calcium, which are essential for healthy bone development and to prevent tooth decay.

