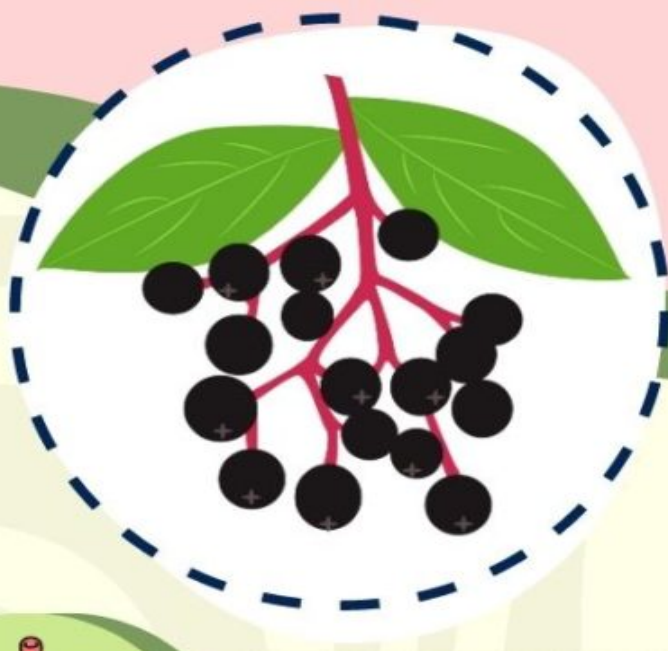


# Why Add **ELDERBERRY** To Your Pregnancy Diet?



Helps soothe inflammations in the respiratory tract, if any



Strengthens the immune system



Improves night vision



Prevents and inhibits respiratory, uterine, and stomach infections



Promotes good cholesterol levels



Strengthens bones



Anti-inflammatory properties help alleviate pain