

WHY GIVE

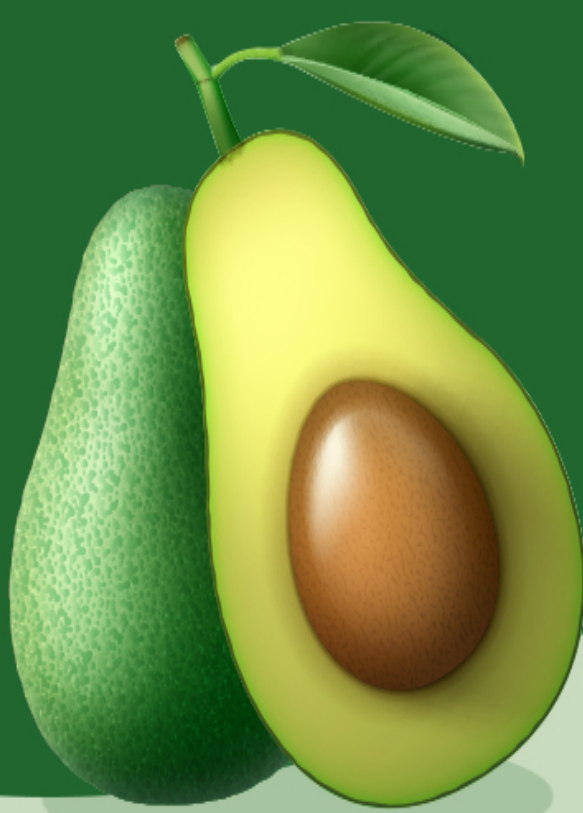


AVOCADOS

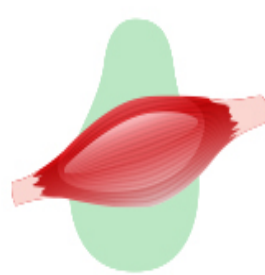


TO

BABIES?

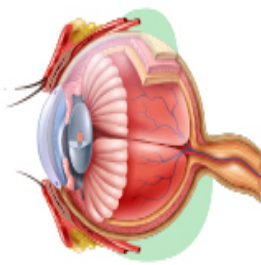


They contain folic acid, which helps with nervous system development.



They contain potassium, which is required for the proper functioning of muscles.

They are rich in antioxidants that help improve vision and eye health.



They have good fatty acids that help in proper growth and development.

They are a rich source of vitamins and micronutrients, which help boost immunity.



Mom Junction

Source: https://www.momjunction.com/articles/avocado-for-babies_00389342/