



Ingredients To Avoid In A Baby Soap

Sulfates:

SLS/SLES surfactants are foaming agents that help remove dirt or other impurities effortlessly from the skin but may cause mild irritation.

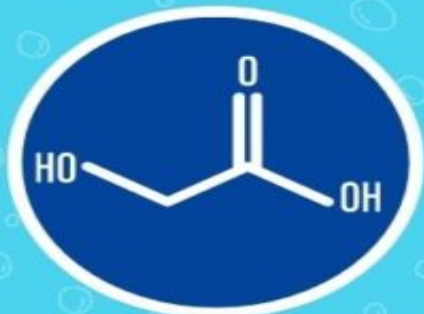


Parabens:

They extend the shelf-life of the soap, but they may have certain effects on the endocrine system.

Fragrance:

Prolonged exposure to certain synthetic fragrances may cause adverse effects for those with asthma.



Propylene glycol:

Prolonged exposure to this emulsifier commonly used in cosmetics may cause toxicity.

Phthalates:

Commonly used in cosmetics, they may also be an endocrine disruptor.



References:

1. The Infant Skin Barrier: Can We Preserve, Protect, and Enhance the Barrier?; NCBI
2. Parabens and their effects on the endocrine system; Science Direct
3. Fragranced consumer products: effects on asthmatics; NCBI
4. Propylene Glycol Toxicity in Children; NCBI
5. Phthalates and Their Impacts on Human Health; NCBI