



Give Your Child Some 'FOOD' For Thought



Q: Rice has the highest component of which nutrient?

A: Carbohydrate



Q: Name the acid present in yogurt?

A: Lactic acid

Q: Which chemical gives garlic its characteristic pungent smell?

A: Allicin



Q: What is one of the most famous Japanese dishes?

A: Sushi

Q: Which is the most commonly consumed vegetable in the world?

A: Potato



Q: What is the term used to describe the fear of food?

A: Cibophobia