

Delicious And Nutritious

Beetroot Dishes

For Your Toddler



Beet And Carrot Latkes

This dish will transform your regular latkes into vibrant modern shades of red.



Beetroot Soup

Blend this nutritious, vibrant vegetarian soup till smooth and serve with yogurt.



Cheesy Beetroot Bites

This cheese-filled beetroot snack is the ideal starter and will cheer up your child.



Beetroot And Chickpea Dip

This simple beetroot dip has a crisp flavor of chickpeas and beets and makes a wonderful sandwich spread.



Beetroot Milkshake

Let your child have a healthy start to their day with this rich and tasty milkshake.



Beetroot And Black Bean Patties

The blend of sweet beets and black beans is excellent for a healthy and nutritious breakfast.



Mashed Beetroot And Turnips

This creamy mash is rich in nutrients and bursts with purple hues.



Baked Beetroot Shapes

This crunchy roasted beetroot is crisp on the outside while remaining tender and sweet on the inside.