



WHAT CAUSES EXCESSIVE BLINKING IN CHILDREN?



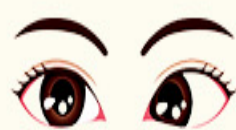
Eystain



Allergies



Cornea issues, such as ingrown eyelashes



Strabismus/crossed eyes

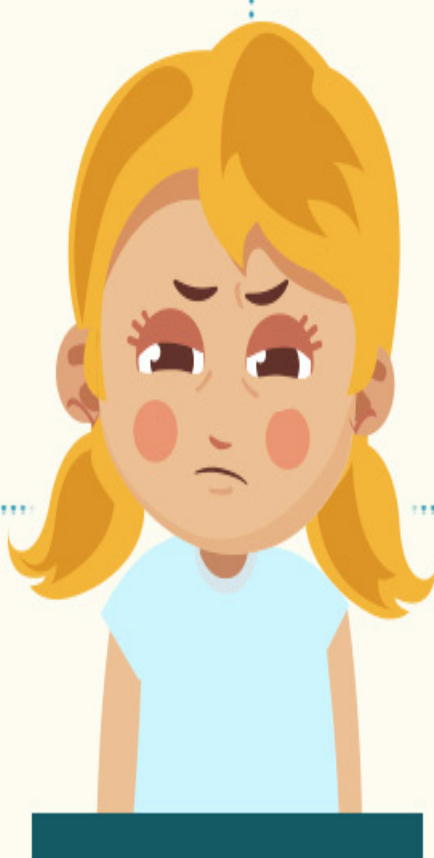
Vision issues, such as nearsightedness and farsightedness



Dry Eyes



Blepharitis (inflammation of the eyelids)



Motor Tics

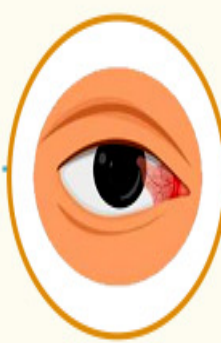


Obsessive compulsive disorder

TIPS TO PREVENT EXCESSIVE BLINKING IN CHILDREN



Prioritize eye care



Reduce strain on the eyes



Avoid rubbing eyes



Wear protective glasses to avoid bright lights



Avoid irritants, such as dust and smoke



Eat healthily and stay hydrated to avert dry eyes