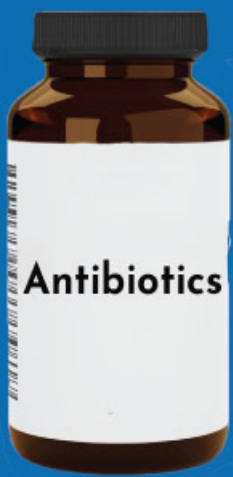


Interaction Of **Magnesium With Medicines**



Diuretics

Intake of diuretics, such as hydrochlorothiazide, with magnesium may cause magnesium depletion.



Levothyroxine

A thyroid medication, which may interact with magnesium oxide antacids, reducing the efficacy of Levothyroxine.



Antibiotics

Take two hours before or four to six hours after magnesium intake since some antibiotics may react with magnesium.



Proton pump inhibitors

PPI for stomach acid may interact with magnesium, resulting in decreased magnesium content in the blood.



Bisphosphonates

Used for treatment of osteoporosis, bisphosphonate should be taken before or after two hours of magnesium intake to avoid inhibition of its absorption.

References:

- 1 Magnesium; National Institutes of Health
- 2 Magnesium; Oregon State University
- 3 Magnesium; Mount Sinai