

Available Treatment Options To Treat A **Child's** Indigestion

Drugs for treating indigestion



Antacids



Histamine blockers, such as famotidine



Prokinetics, such as metoclopramide



Antibiotic therapy



Proton pump inhibitors (PPIs), such as omeprazole

Home remedies for treating indigestion



Slowly and thoroughly chew food



Avoid trigger foods, like spicy and greasy foods



Maintain healthy weight



Exercise daily



Reduce stress and anxiety