



Types Of cheating In Relationships



Chronic infidelity:

The person cheating fails to consider their partner's feelings, and even if they do, it becomes difficult for them to stop.



Emotional cheating:

The intimacy resembles a dedicated relationship, but no sexual acts are committed. The cheater becomes emotionally detached from their partner and is more open with the other person.



One-night stands:

It is a one-time sexual encounter between two people without any expectations of pursuing it further.



Micro cheating:

It is a subtle form of cheating that does not involve physical intimacy, but consists in committing small, inappropriate acts with people outside your relationship.