

AMNIOTIC FLUID LEAK VS. URINE LEAK



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Amniotic
fluid

Urine

Clear, sometimes
yellow or green with
white spots

Colorless or pale
yellow



Fluid gushes out
from the vagina



Leaks slowly

Odorless



Has peculiar odor

Cannot control flow



Can be controlled by
Kegels or squeezing
pelvic muscles

Continues to leak
after emptying
the bladder



Stops leaking after
emptying bladder

Often accompanied
by uterine
contractions or
cramps



May have a burning
sensation or urinary
urgency, or
symptoms of UTI

References

1. Amniotic Fluid; Sutter Health
2. Premature Rupture of Membranes; National Library of Medicine