



Treatments

Check-up and cleaning

Routine dental check-ups, X-rays, and cleaning are considered safe.



Dental filling

Dental fillings may be required to check the progress of tooth decay and can be performed safely in nursing mothers.



Tooth extraction

It has not been found to interrupt breastfeeding. However, mothers may require a local anesthetic during the procedure and antibiotics and painkillers afterward.



Medications Used In Dental Procedures

Anesthetics

Anesthetics used for dental procedures are generally short-acting and are not known to interrupt breastfeeding.



Painkillers

Nursing mothers may be prescribed paracetamol and NSAIDs such as ibuprofen and diclofenac.



Antibiotics

Breastfeeding-compliant antibiotics may be prescribed.



References

1. Dental Treatment and Breastfeeding Mothers; The Breastfeeding Network
2. Dental Treatment in Pregnancy and Breastfeeding; NSW Health