

MYTHS ABOUT BABY



SKIN CARE FOR DRY SKIN



MYTH

FACT

Infants should be bathed every day.



Infants need to be bathed 2–3 times per week with minimal soap, especially if they have dry skin.



Small quantities of lotions for adults are safe for babies with dry skin.



Adult skincare products may be too harsh on your baby's skin.



Babies should be rubbed with talcum powder after bathtime.



Talcum powder may be toxic if inhaled and is not helpful for dry skin.



Skin rashes and bumps are not a cause for concern.



Rashes and bumps with dry skin might indicate skin issues, such as eczema. See a doctor in such cases.



REFERENCES

- 1 Washing your baby; Pregnancy, Birth & Baby.
- 2 Bathing and Skin Care for the Newborn; Stanford Children's Health.
- 3 Talcum Powder; Consumer Notice.
- 4 Common myths about babies; Pregnancy, Birth & Baby.