

HOW TO DEAL WITH A SELF-CENTERED SPOUSE?

Try to talk things over



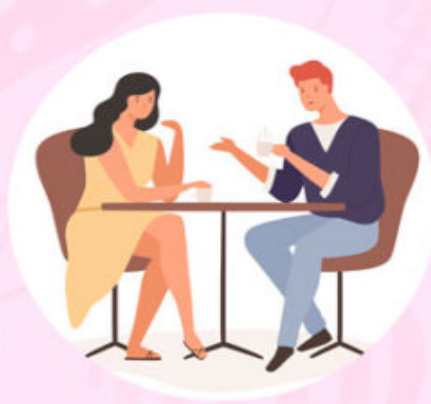
Refrain from complaining about things that do not work according to you

Hold on to the positives



Try to figure out the underlying cause

Raise your concern over things that you are not comfortable with



Give yourself priority

Share responsibilities

