

Skincare Ingredients To Avoid

DURING PREGNANCY



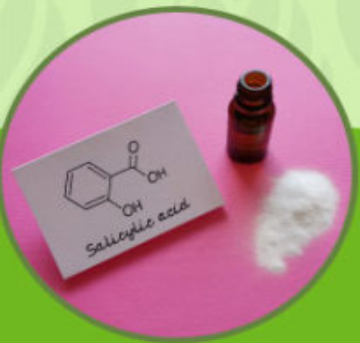
Retinols

They may have an adverse effect on the development of the fetus.



Aluminum chloride

It may cause skeletal defects in the baby.



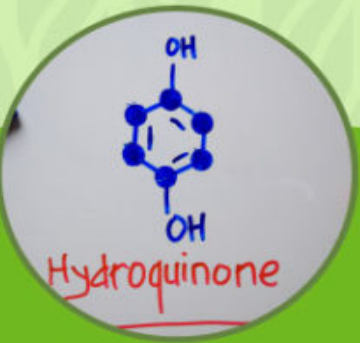
Salicylic Acid

High amounts of salicylic acid may interfere with embryo growth.



Parabens

They may affect the weight of the unborn baby.



Hydroquinone

It may reach the fetus as it has an elevated absorption rate.



Diethanolamine

It may affect the brain development of the fetus.

References

- 1 Skin Changes and Safety Profile of Topical Products During Pregnancy; NCBI
- 2 Prenatal Exposure to Parabens Affect Birth Outcomes through Maternal Glutathione S-Transferase (GST) Polymorphisms; NCBI
- 3 Safety of skin care products during pregnancy; NCBI
- 4 Experimental studies on the effects of aluminum on pregnancy and fetal development; NCBI
- 5 Diethanolamine alters neurogenesis and induces apoptosis in the fetal mouse hippocampus; NCBI