

RISK FACTORS OF NUMBNESS IN PREGNANCY

Numbness can be a manifestation of different conditions. Since these factors may not be preventable, knowing them can help you seek timely treatment to prevent such complications.

Depression



It is one of the most common problems in pregnancy and can lead to numbness as one of its symptoms.

Stroke



It is not expected in pregnancy but may result from other common complications and cause numbness in one side of the body.

Bell palsy



It is a facial nerve disorder that is more commonly seen in pregnant women than non-pregnant individuals and can cause facial numbness.

Multiple sclerosis



Although not specific to pregnancy, you may experience loss of sensation if you experience MS before or during pregnancy.

Spine tumor



The development of this tumor during pregnancy may result in back pain and numbness of the leg and either side of the ribs.

References:

- 1 Perinatal mood and anxiety disorders; UNC School of Medicine
- 2 Pregnancy stroke: Are you at risk? The Centers For Disease Control and Prevention
- 3 Peripheral neuropathy in pregnancy; Academia Multiple Sclerosis and Pregnancy; University of Rochester Medical Center
- 4 Family support during spine tumor diagnosis; NIH National Cancer Institute