



THE PINK EYE: MYTHS DEBUNKED

Myth #1

It can spread if you look at the infected person's eyes.

This is not true. Conjunctivitis can spread only by hand-to-eye contact after touching the secretions of an infected person.



Myth #2

Pink eye can cause blindness.

Pink eye is not known to cause blindness since it is a minor infection.



Myth #3

If one has pink eye, it must be contagious.

This is partly true. The contagious nature depends on the cause of the pink eye. Pink eyes from irritants or allergens do not spread from person to person.



Myth #4

Antibiotics are necessary for pink eyes.

Antibiotics only treat bacterial conjunctivitis and not viral or allergic pink eye.



References

- 1 Viral Conjunctivitis; South City Hospital
- 2 The ultimate guide to pink eye; Allina Health
- 3 Conjunctivitis (Pink Eye); Prevention; CDC
- 4 Seven Myths About Children's Eyes; American Academy of Ophthalmology