

# HOW TO CHOOSE THE RIGHT TOOTHPASTE AND TOOTHBRUSH FOR YOUR TODDLER?



## FEATURES OF A GOOD TOOTH PASTE



**Sugar-free**



**Toxin-free**



**Wipes away with a clean washcloth**

(for toddlers who cannot spit yet)



**Fluoride-free**



**Features the ADA seal of acceptance**

## FEATURES OF A GOOD TOOTH BRUSH



**Small head**



**Soft bristles**



**Use them without a cover to prevent moisture lock-in and the resulting bacteria built-up**



**Thick, ergonomic handle that is easy for the toddler to hold**



**Attractive color and design to maintain a child's interest**

### References:

1. Toothbrushes; American Dental Association
2. Toothpastes; American Dental Association