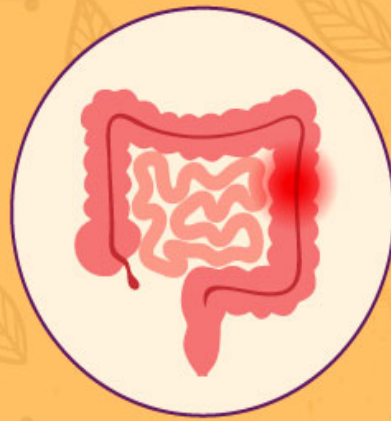


How Turmeric Benefits Pregnant Women?



Provides relief from joint pains



Relieves symptoms of irritable bowel syndrome



Helps regulate cholesterol levels



Provides relief from cough and sore throat



Purifies blood and flushes out toxins



Helps reduce stretch marks



Provides clear skin by removing impurities from the body



Prevents the production of melanin and lightens the skin complexion