## Why Showering With — Your Baby —

**Could Be Advantageous?** 

Co-bathing makes babies happy and comfortable



Bathing with your baby is an excellent bonding activity

It enhances skin-to-skin contact with your baby

It promotes breastfeeding and stimulates milk flow



It is an ideal bathing method for tired mothers



It might help soothe a crying baby

Your baby might no longer fear a bath





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