



How Olive Oil Can Help Your Baby

Olive oil massage can moisturize their skin and promote strong bone and muscle health



Moderate amounts of olive oil in baby's food can keep their heart and pancreas healthy

Applying oil on the stomach may soothe a colic baby and relieve constipation symptoms



Removes cradle cap (a form of dandruff) from the baby's scalp and strengthens their hair

Olive oil can be a natural and gentle remedy for diaper rashes

