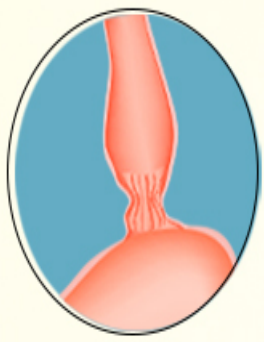
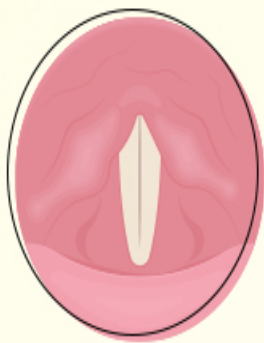


## CAUSES OF

# HOARSE VOICE IN BABIES

- ▶ Excessive crying
- ▶ Swelling of the vocal cords
- ▶ Vocal cord irritation due to pollution
- ▶ Upper respiratory tract infections
- ▶ Frequent acid reflux to the larynx
- ▶ Spasmodic croup



## HOME CARE FOR

# HOARSE VOICE

- ▶ Keep the baby hydrated
- ▶ Avoid allergens and irritants
- ▶ Use cool-mist humidifier
- ▶ Control colic
- ▶ Prevent vocal cord overuse
- ▶ Maintain optimum hygiene
- ▶ Follow immunization schedule

