

# How To Care During Helmet Therapy?



## Tips for comforting the baby



Dress your baby in loose clothing if the helmet is keeping them warm.

Take the helmet off for a few moments if they are sweating.



Remove the helmet after a doctor's approval if the baby has a fever.

Take the helmet off if the baby is outdoors to avoid heat rash.



Dry your baby's head completely before placing the helmet to prevent irritation.



## Tips for maintaining the helmet



Clean the helmet daily.

Dry-wipe the helmet to remove dirt.



Spray and wipe rubbing alcohol on the interiors of the helmet.

Avoid using helmet cleaners that irritate your baby.



Avoid getting the helmet excessively wet.

You may use the cool setting of a hairdryer to dry the removed helmet completely.

