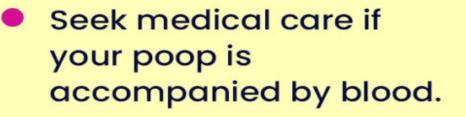
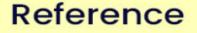
A Few Other Ways To Deal With GREENPOOP In Pregnancy

- Do not panic if you have spotted green stools just once.
- Try eliminating foods containing green or purple dyes.
- Pay attention to changes in poop color when frequent.
- In case of watery stools, take sufficient fluids with electrolytes.



 Discuss with your doctor about changing prenatal vitamins.



Why Is Your Poop Green?; Cleveland Clinic



Source: https://www.momjunction.com/articles/green-poop-during-pregnancy_00470189/