

Tips For Buying



Stuffed Animals

For Anxiety



Opt for a stuffed toy of an animal that you love, as it will make the stuffed toy special.



Look for a washable material so that keeping it clean is not a hassle.

Select an animal shape that is huggable or provides warmth.



Note that some stuffed animals act as cooling pads; you can choose per your preference.

Ensure the stuffed animal is made of a material that doesn't irritate your skin.



Consider the stuffed animal's weight. While adults may easily pick a weighted stuffed animal, children may find it difficult.