



CONDITIONS THAT MAY AFFECT PERIOD AFTER

Childbirth

CONDITIONS THAT MAKE PERIOD WORSE

- Structural defects, such as submucosal fibroids and polyps
- Adenomyosis, a condition where the tissue from the uterine lining grows into the uterus wall, enlarging the uterus
- Overactive or underactive thyroid



RARE CONDITIONS THAT CAUSE LIGHTER OR NO PERIODS

- Sheehan's syndrome, maternal hypopituitarism caused by excessive blood loss during or after delivery
- Asherman's syndrome, scar tissue formation in the uterine cavity, which often happens after uterus surgery



References:

1. Do Your Periods Change After Pregnancy?; Cleveland Clinic
2. Sheehan Syndrome; NORD
3. Asherman syndrome; Medline Plus

