



Healthy Sources Of Calcium For Children



Dairy products



Fortified
orange juice



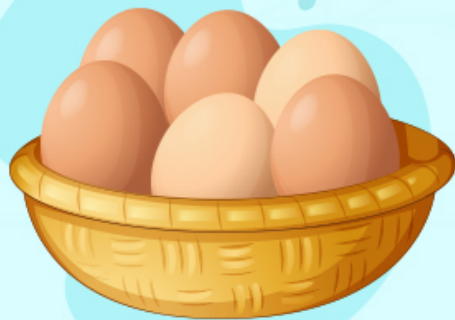
Almonds



Different types
of beans



Green vegetables



Eggs

