



How To Strengthen *The Bond* With *Your Child*



Start forming a close connection from their early years through different activities.

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Put your efforts into spending quality time with your child based on what they want from you.

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Show them that they are your priority no matter what and that your parental duties aren't merely a part of your schedule.

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Be emotionally available when they feel low or want to share their happiness and be physically present in important events.

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Be a good listener and have an open communication with your children to express what you expect from them.

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Trust and be trustworthy but do not let them misuse their independence and take advantage of your faith in them.

