

FEEDING TIPS FOR BABIES

WITH LIP TIE



Offer the softer breast to make it easy for the baby to latch



Position the baby's chin low to help attain a deeper latch



Try multiple feeding positions and see which works the best



Monitor the feeds, infant's swallowing, and weight periodically



Express breast milk and feed through a bottle if the baby finds it easier



Check with your doctor about specialized bottle nipples



Speak to a lactation consultant if you have any concerns

References

- 1, Tongue and Lip Ties; La Leche League
2. Feeding Difficulties in Infants with Tongue Tie and Lip Tie; Pathways