

# WHAT NOT TO SAY/DO

(PARENT EDITION)



“I do not have time for you now”



“Life used to be easier before having children”



“Shut up!”



“Why can't you be more like them?”



Use abusive words



“You will never be able to do what they do”



Be sarcastic towards them



Comment on their physical appearance



Talk to them in a raised voice



Fight or argue with your partner when they are around