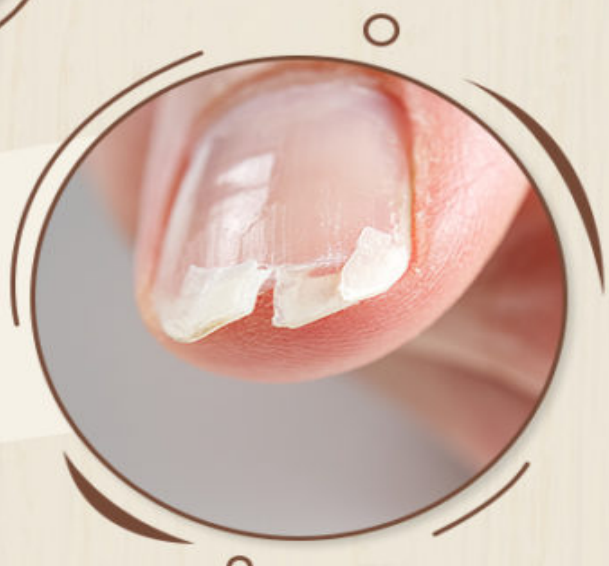


# Signs Of **ZINC** DEFICIENCY In Children



Hair loss

Brittle nails



Decreased appetite

Diarrhea



Blurry vision

Delayed wound healing



## References

1. Zinc deficiency; Health Direct
2. Zinc and the eye; NCBI