

OUTDOOR ACTIVITIES TO ENTERTAIN YOUR BABY



0 to 3 months



Spread a blanket for babies to lay on

Leave them on the grass for tactile stimulation



Point out to them the different sounds in nature

3 to 9 months



Provide them with some objects to grasp

Bring along some books or activity gyms



Provide sensory tubes and balls for babies to explore

9 to 12 months



Attach musical toys and mirrors to the fence for babies who are still crawling or learning to stand

Provide sturdy objects for babies to practice standing



For early walkers, introduce push toys

Reference

1. The Importance of Taking Infants and Toddlers Outdoors; University of Cyprus