How To Plan A Daily Routine For Children



Add some space in the schedule chart to put stickers or check marks after completing the tasks.

Discuss and plan the routine along with your children.





Plan an age-appropriate and realistic schedule.

Create visually appealing charts and cards of daily routine.





Help them follow the routine until it becomes a habit for them.

Make sure to include enough play time and other fun activities.





Source: https://www.momjunction.com/articles/daily-routines-for-kids_00763085/