



Wash your hands with soap and water, especially after using the bathroom and before making or eating food.





Keep surfaces and surroundings clean. Disinfect all surfaces contaminated with diarrhea or vomiting.

Wash vegetables and fruits, and shellfish thoroughly before cooking and eating them.





Wash and disinfect all clothes and linen contaminated with diarrhea and vomiting as soon as possible.

Avoid eating uncooked or raw food



Mom Junction

Source: https://www.momjunction.com/articles/norovirus-infections-andpregnancy_00379673/