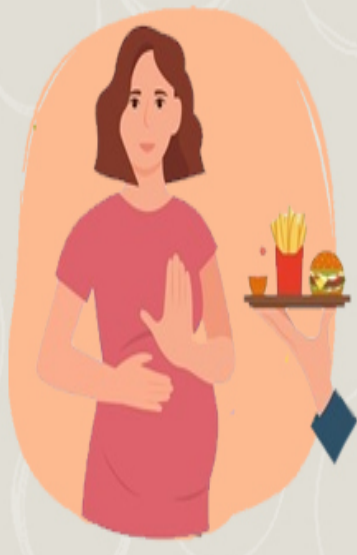


Natural Ways To Prevent Cellulite When Pregnant



Avoid high-calorie foods



Increase your fiber intake



Add lean meat and oily fish to your diet



Indulge in safe and light exercises



Say no to smoking



Stay hydrated