

Potential Health Benefits Of

BEE POLLEN

For Expectant Mothers



Reduces the
risk of
hypertension



Helps
overcome
development
problems



Prevents
nutrient
deficiencies



Strengthens
the immune
system



Helps prevent
congenital disabilities



References:

1. Protective Effect of Polyphenol-Rich Extract from Bee Pollen in a High-Fat Diet; NCBI
2. Effect of bee pollen on maternal nutrition and fetal growth; NCBI
3. Bee Pollen: Current Status and Therapeutic Potential; NCBI
4. Antioxidant and antimicrobial properties of monofloral bee pollen; Taylor & Francis Online