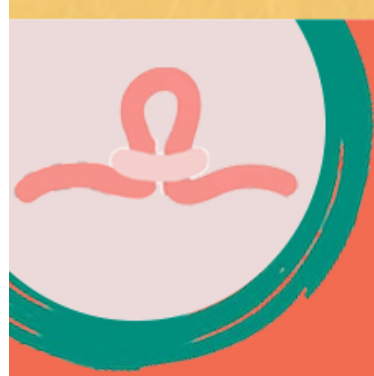


# MYTH AND FACTS ABOUT TUBAL LIGATION PROCEDURE



## MYTH 1

Surgeons tie a knot in the fallopian tube.

**Fact:**  
Fallopian tubes are not physically tied in the procedure.

## MYTH 2

Tubal ligation causes hormonal imbalances and weight gain.

**Fact:**  
There is no evidence from reliable studies.



## MYTH 3

Only a few women can undergo tubal ligation.

**Fact:**  
No conditions are contraindicated for the procedure.

## MYTH 4

Tubal ligation may cause sexual dysfunction.

**Fact:**  
There is no change in libido after the procedure.



## MYTH 5

Tubal ligation prevents ovulation and menstruation.

**Fact:**  
Ovulation and menstruation occur as usual, and the ovum does not meet the sperm.

## MYTH 6

Tubal ligation causes cancer and other health hazards.

**Fact:**  
It is not shown to cause cancer or other medical conditions.



## Reference:

1. Myth And Facts About Female Sterilization; International Planned Parenthood Federation